



**CAN WE ASK  
YOU TO HELP  
STOCKPORT  
FOODBANK?**



In thousands of Stockport homes people are struggling to make ends meet. Unemployment, short working hours, illness, benefit changes, heating bills or the lack of free school meals during the school holidays, all bring their own pressures on the weekly budget.

Every day adults and children can go hungry as they face money pressures and the food budget is often one of the first things that has to be cut.

**“COMING TO THE FOODBANK HAS BEEN SUCH A RELIEF AS I DIDN'T KNOW WHAT I WAS GOING TO DO. THIS IS UNBELIEVABLE HELP.”**

Stockport Foodbank through its network of Foodbank centres hands out emergency food parcels to thousands of referred households, bringing much needed help to those facing tough times.



**“THE FOODBANK  
GAVE ME FAITH THAT  
THERE ARE PEOPLE  
WHO UNDERSTAND  
AND WHO YOU CAN  
TRUST.”**



**“WITHOUT THE  
FOODBANK, I DON'T  
THINK I WOULD BE  
HERE TODAY.”**

Quotations from Foodbank clients

Each 3 day parcel comprises basic food items sufficient for the size of the household, plus essential hygiene items and supplies for young babies too. The food is donated by members of the public, companies and leading supermarkets, although to ensure we have everything on our shelves, we do have to purchase some items from our own funds too.

### **“I'M ABSOLUTELY SPEECHLESS – PEOPLE ARE SO KIND AND THE FOODBANK IS SO NEEDED”**

With a support network of almost 100 volunteers, Stockport Foodbank

- currently runs 7 Foodbank centres across the town bringing much needed support to many hundreds of households, six days a week.
- offers help and advice to every client plus signposting services, a listening ear and refreshments.
- distributes over 80,000 meals every year

Stockport Foodbank does not receive any funding from the local Council or national Government and is entirely reliant on private and corporate donations to cover its costs and essential expenses.

# PLEASE CAN YOU HELP WITH A ONE-OFF GIFT OR A REGULAR DONATION?

Here are some examples of what your donation can buy:

**£8** will buy all the toiletry items for 5 homes

**£15** will buy enough Orange Juice for 25 children

**£27** will supply a complete 3 day food parcel for 2 adults and 2 young children

A regular donation will make such a difference and if you were able to Gift Aid your donation, then the Government will add a further 25% to your donation at no cost to you.

*giftaid it*  
✓

Please complete both sides of this donation form and return to the address overleaf, thank you.

## YOUR DETAILS

Please complete in BLOCK CAPITALS

Title  First Name

Surname

Address

Postcode

Tel No:

Email address

Your details will not be passed onto any other organisation, however Stockport Foodbank would like to send you periodic information. Only tick this box if you would prefer NOT to receive this information

## I'D LIKE TO GIVE BY CHEQUE

I enclose a gift of £

Please make cheques payable to Stockport Foodbank

Add an extra 25p to every £1  
Make your gift go further  
by filling in the gift aid  
section overleaf.



PLEASE TURN OVER

## I'D LIKE TO GIVE BY STANDING ORDER

TO: (Insert name and address of your bank)

Address:

Your Bank's Sort Code \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Your account No: \_\_\_\_\_

Please pay Stockport Foodbank, Royal Bank of Scotland, Cheadle Hulme, account 10854779, sort code 16-15-33 the sum of:

£5  £10  £25  £45 or other amount £


on the \_\_\_\_\_ (day) of \_\_\_\_\_ month \_\_\_\_\_ (year)

and at monthly\* / quarterly\* / yearly\* intervals thereafter,

Signature \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / 20\_\_\_\_

**GIFT AID** make your gift go further!

Tick the box to add an extra 25p to every £1 you give at no extra cost

*giftaid it* 

I want to Gift Aid my donation and any donations I make in the future or have made in the past four years.

I am a UK taxpayer and understand that if I pay less income tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Signature \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / 20\_\_\_\_

Please return your correspondence to: Stockport Foodbank,  
Hazel Grove Baptist Church, Station Street, Hazel Grove, Stockport SK7 4EX



**ON BEHALF OF  
ALL THOSE IN OUR  
TOWN WHO RECEIVE  
FOODBANK PARCELS,  
THANK YOU FOR YOUR  
SUPPORT.**



Stockport Foodbank  
Hazel Grove Baptist Church, Station Street  
Hazel Grove, Stockport SK7 4EX

Tel: 0161 487 3370  
E: [foodbank@stockportfoodbank.org.uk](mailto:foodbank@stockportfoodbank.org.uk)  
[www.stockport.foodbank.org.uk](http://www.stockport.foodbank.org.uk)

Stockport Foodbank centres operate in Bramhall, Bredbury,  
Cheadle, Hazel Grove, Heaton Norris, Offerton and Reddish

Registered charity number 1156261 Registered in England and Wales

